

You might hear the term 'carer' and think that's not you, but if you are supporting someone with cancer there is information and support available.

On **Friday June 16th 2017** as part of Carers Week we're holding an event at the Macmillan Horizon Centre where people can find out about the different types of support available for people caring for and supporting someone with cancer.

From 10.30am – 1pm there will be:

- opportunities to meet others who are supporting a loved one
- information about support the Horizon Centre offers
- a chance to be pampered (ear acupuncture, facials, seated acupressure massage and makeover by Boots No.7 advisors to get the summer glow)
- information stands from support organisations across Sussex
- refreshments available

From 1.30pm - 3pm

There will be a focus group discussion, open to people caring for someone with cancer and carers with a cancer diagnosis, to identify gaps in information and support.

To join please email horizoncentre@macmillan.org.uk, phone 01273 468770 or visit us at The Macmillan Horizon Centre, 2 Bristol Gate, Brighton, BN2 5BD (across the road from the Sussex Cancer Centre at the Royal Sussex Hospital in Kemptown, Brighton).

You can find out more information about the centre at www.macmillan.org.uk/ horizoncentre and details about Carers Week at www.carersweek.org







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